



# October News

## HAPPY FALL!

**W**e are beginning to notice a change in the weather – at least the nights are cooler.

Autumn is a time of changing leaves, harvesting the fields, thanksgiving. It tends to be a quieter season with an invitation to reflect on our lives, on all the things for which we are thankful, on all the blessings that we are given.

During this time let us reflect on how we are doing in our learning process. What have you learned so far this year? What do you still want to learn? Are you trying to build bridges to others, for others?

There was a story of a man who went down a road on a rainy fall evening and came to a swollen creek. He carefully crossed, and then stopped to build a bridge over the creek. Another person came by and asked why he was wasting his strength with building a bridge there. After all, he had already crossed the stream successfully. The bridge builder told him that the bridge was not for him, but for others who would come after him who might need a way to cross over the stream. *“I am building a bridge for them.”*

The dictionary tells us that a **“bridge”** is a structure spanning and providing passage over an obstacle.

Let us build bridges for one another.



## IMPORTANT INFORMATION

**NUTRITION CLASS** begins and continues for six weeks: **Thursday, Oct. 5, 12, 19, 26, Nov. 2 and 9.**

**BUBBLES WINE BAR FUNDRAISER:** **Monday, Oct, 16, 4:30-8:30 P.M.**

**FREE FLU SHOTS:** **Tuesday and Wednesday, Oct. 17 and 18, 10 AM – 12 Noon.**

**FOOD GIVEAWAY:** **Wednesday, Oct. 25**

**SR. RACHELA COMES FOR HEALTH SCREENINGS:** **Friday, October 27**

**HALLOWEEN:** **Tuesday, Oct. 31**

**Help Help:** Dear students, we need your help on Fridays to clean the Center. Volunteer work is very appreciated.

## PRESCHOOL NEWS

### OCTOBER THEMES

*1<sup>st</sup> Week: Fall Season*

*2<sup>nd</sup> Week: Trees*

*3<sup>rd</sup> Week: Pumpkins*

*4<sup>th</sup> Week: Halloween*

*On **October 31<sup>st</sup>** bring your children in costume. We will have a Halloween parade.*

